Nights Away Kit List

All young people will need to bring their personal equipment and should be encouraged to pack themselves. This list is only a guide.

Complete uniform	Scarf, hat and gloves
Warm sweaters, jumpers or sweatshirts	Sun hat, sun cream and sun glasses
T-shirts or similar	Sleeping bag
Trousers or shorts	Foam roll / karri-mat
Spare underclothes (one pair per day)	
Spare socks (one pair per day)	Tea towel
Nightwear	Torch and spare batteries
Hike boots or strong shoes	
Waterproof (coat and trousers)	Day sack and plastic drinks bottle
Swimwear and towel	Polythene bags (for dirty clothes)
Hankies	Teddy!
Personal washing requirements and towel	

- It is best to pack a rucksack or sports bag that you can carry on your back. Suitcases are not suitable for tents.
- All items should be clearly labelled with the young person's name.