***Nights Away Kit List***

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| *All young people will need to bring their personal equipment and should be encouraged to pack themselves. This list is only a guide.* |
| 🞏 | Complete uniform | 🞏 | Scarf, hat and gloves |
| 🞏 | Warm sweaters, jumpers or sweatshirts | 🞏 | Sun hat, sun cream and sun glasses |
| 🞏 | T-shirts or similar | 🞏 | Sleeping bag |
| 🞏 | Trousers or shorts | 🞏 | Foam roll / karri-mat |
| 🞏 | Spare underclothes (one pair per day) | 🞏 |  |
| 🞏 | Spare socks (one pair per day) | 🞏 | Tea towel |
| 🞏 | Nightwear | 🞏 | Torch and spare batteries |
| 🞏 | Hike boots or strong shoes | 🞏 |  |
| 🞏 | Waterproof (coat and trousers) | 🞏 | Day sack and plastic drinks bottle |
| 🞏 | Swimwear and towel | 🞏 | Polythene bags (for dirty clothes) |
| 🞏 | Hankies | 🞏 | Teddy! |
| 🞏 | Personal washing requirements and towel | 🞏 |  |
| 🞏 |  | 🞏 |  |
| * It is best to pack a rucksack or sports bag that you can carry on your back. Suitcases are not suitable for tents.
* All items should be clearly labelled with the young person’s name.
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